

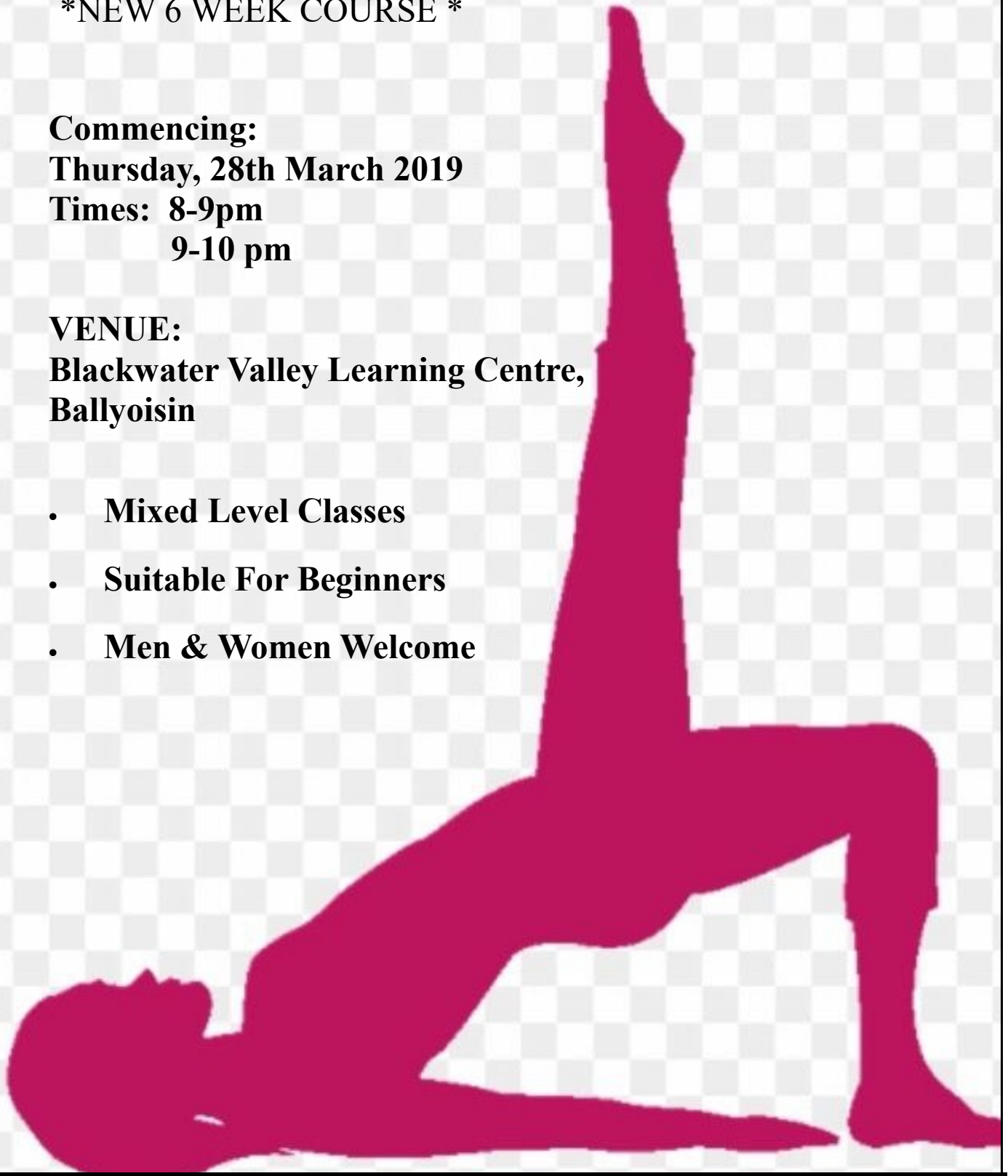
Physiotherapy Led Pilates

***NEW 6 WEEK COURSE ***

**Commencing:
Thursday, 28th March 2019
Times: 8-9pm
9-10 pm**

**VENUE:
Blackwater Valley Learning Centre,
Ballyoisin**

- **Mixed Level Classes**
- **Suitable For Beginners**
- **Men & Women Welcome**



LIMITED CLASS SIZE, BOOKING ESSENTIAL



For further information please pm or text Joanne
on (0044)7835166402
Pilates with Joanne